

Carina Barker, MSW, LICSW

Professional Summary

Licensed Clinical Social Worker and seasoned educator with over 20 years of psychotherapy experience and 15+ years teaching in BSW and MSW programs. Expertise in maternal mental health, trauma-informed care, and clinical supervision across Minnesota and Wisconsin. Proven leadership in program development, grant coordination, and interdisciplinary collaboration.

Education

Doctorate of Social Work (DSW) Student – *In Progress* University of Tennessee–Knoxville | Cohort Class of 2027 Graduate Research Assistant: Dr. Conway (2025-current) Completed: 24 credits (as of January 2025)

Master of Social Work (MSW) University of Minnesota–Duluth, 2000 Graduate Research Assistant – Domestic Violence Project

Bachelor of Science in Social Work University of Wisconsin–Superior, 1997

Licensure & Certifications

- LICSW – Minnesota Board of Social Work (2004–Present)
- LCSW – Wisconsin (2020–Present)
- LCSW – Arizona (2019–Present)
- Maternal Mental Health Certificate – Postpartum Support International (2014)
- Supervisor for LGSW State of Minnesota

Academic Appointments

University of Minnesota–Duluth (2010–Present) *Instructor* – *BSW & MSW Programs* Courses:

- Practicum Instructor (BSW/MSW)
- Grief, Loss, and Coping; Evidenced Based Practice; Advanced Practice Mental Health
- Individuals, Families, and Groups II (MSW)
- Children and Youth Mental Health (MSW)

Boston University School of Social Work – Online Program (2013) *Field Advisor* Supported MSW students in field placement preparation across Minnesota and Wisconsin.

Clinical Experience

Encouragement Clinic – Superior, WI (2022–Present) Owner, Founder & Clinical Supervisor

- Supervise clinicians and pre-licensure providers under MN/WI statutes
- Provide therapy for individuals and couples, specializing in maternal mental health, trauma (ART), grief, and LGBTQIA+
- Coordinate city grant to provide youth mental health services in local schools
- Supervise and support a range of clinical interventions in practice including Walk and Talk; ART; 0-5; Mindfulness Based CBT; Interpersonal and Brief therapy

St. Luke’s Hillside Clinic – Duluth, MN (2005–2021) Psychotherapist & Pre-Licensure Supervisor

- Delivered outpatient therapy for children, adolescents, and women’s health
- Provided consultation across inpatient units
- Utilized CBT, family systems, and strengths-based approaches
- Offered EAP services and continuing education in trauma and supervision
- Provided Pre-Licensure supervision for LGSWs.

St. Luke’s Hospital – Duluth, MN (2001–2004) MSW Project Coordinator

- Provided medical social work across hospital units
- Revised hospital social work policies
- Delivered patient education and advocacy

Additional Experience

- **Program Director**, Noumenon House – Duluth Regional Care Center (1999–2001)
- **Small Group Ministry Coordinator**, Family of God Lutheran Church (2000–2003)
- **Social Worker**, Middle River Health & Rehab (1997–1998)