

Dr. Kim LeBard-Rankila
University of Wisconsin Superior
Superior, WI 54880

Education:

- 2011-2015 **Doctor of Health Education**
Focus: Public Health and Kinesiology
Dissertation Title: *Effective Course Design in Kinesiology Education*
A.T. Still University
College of Graduate Health Studies
Kirksville, MO
- 2009-2011 **Masters of Education**
Focus: Environmental and Public Health
Thesis: *Animal Intervention: The Benefits of Animal Intervention Associated with Human Well-Being*
University of Minnesota Duluth
College of Education and Human Service Professions
Duluth, Minn.
- 1994-1996 **Associate of Applied Science**
Licensed Physical Therapy Assistant
Lake Superior College
Duluth, Minn.
- 1986-1990 **Bachelor of Science**
Corporate and Community Health Promotion- Physical Education
University of Wisconsin Superior
Superior, WI.

Professional Experience:

- 2017 – Current **Assistant Professor**
Health & Human Performance Department
University of Wisconsin Superior
Superior, WI.

- 1996 - Current **State of Wisconsin Licensed ~Physical Therapy Assistant**
Specialized Patient Care Skills: *Manual therapy, Sports rehab, Orthopedic Surgery rehab, Newborn-child growth, Lymphedema, and General functional rehab.*
Essentia Health, [casual]
Superior WI, Duluth Minn., and Maple WI.
- 2007 – Current **Clinical Internship Instructor**
Essentia Health ~ Rehab Department Superior Campus *casual*
College of St. Scholastica & Lake Superior College students
Duluth, Minn. & Superior, Wis.
- 2006 – 2017 **Senior Lecturer ~**
Health & Human Performance Department
University of Wisconsin Superior
Superior, WI.
- 1991- 2006 **Adjunct Instructor ~**
Health & Human Performance Dept.
University of Wisconsin Superior
Superior, WI

Relevant Courses Taught:

- HLTH 158 Responding to Emergencies
- HHP 182 Strength Training
- HHP 203 Group Fitness
- HHP 234 Consumer Health
- HHP 282 Introduction to Exercise Physiology
- HHP 264 Structure & Function
- HHP 303 Personal Training
- HHP 337 Practicum
- HHP 362 Kinesiology
- HHP 366 Nutrition
- HHP 403 Health Coach
- HHP 458 Health Certifications
- HLTH 469 Pathophysiology of Disease
- HLTH 470 Community & Environmental Health
- HHP 472 Epidemiology
- HHP 490 Independent Study

- HHP 491 Fieldwork
- HHP 492 Experiential experience
- HHP 496 Internship
- HHP 497 Senior Capstone

Professional Licenses & Certifications:

- Licensed Physical Therapy Assistant [*State of Wisconsin*]
- Certified Personal Trainer [*American Council on Exercise ~ACE*]
- Certified Group Fitness Instructor [*American Council on Exercise ~ACE*]
- Certified Yoga Instructor [*Yoga Fit*]
- Certified American Red Cross Instructor [*Responding to Emergencies /CPR/AED*]

Scholarship:

2017 – 2018	Research Supervisor ~ McNair Research Advisor – <i>“Research focus- Assessing and Assisting City of Superior Fire-fighters Physical Strength and Flexibility”</i> <i>Student: Claude Nelson</i>
2016 - Current	HHP Club Advisor <i>[Healthy & Happy People Club HHP department]</i>
2006 - Current	Coordinate Castle Testing Company at UWS. <i>*Recruited and facilitated the NCCA testing company at UWS to oversee professional services to both UWS students, and the community [national and international exams.]</i>
2017 - Current	Designing Continue Education Course – <i>“Health & Wellness in the Second Part of Life”</i>
2017	Designed DL Course – HHP 182 Weight Training
2017	Designed DL Course – HHP 203 Group Fitness
2017	Designed DL Course – HHP 495 Walk/ Run Course
2017	Designed DL Course – HHP 282 Introduction to Exercise Physiology

2017 – 2018 **Chair ~ Search Committee**
University of Wisconsin Superior
Health & Human Performance Department
Senior Lecturer

2017 **Search Committee**
University of Wisconsin Superior
Biology Department
Assistant Professor

 **Professional Service ~ Publications ~ and Presentations**

2012- Current **Coordinate & Oversee the HHP Community / Public Health Program**

2006- Current **Coordinate & oversee the Educational Partnership**
UW-Superior & The American Council on Exercise [ACE]

2017 – Current **UWS – Campus Security Authority (CSA)**
University of Wisconsin Superior

 **Professional Membership:**

- American Council on Exercise
- Northern Regional Alzheimer’s Association
- American Society for the Prevention of Cruelty to animals [ASPCA]

 **External Professional Continuing Education**

~ required to maintain Wisconsin State License, National certifications, and to help ensure current practice and knowledge is in best practice in courses.

2017-2018 **In Progress**
Professional Certification in “Senior Fitness”
American Council on Exercise ~ ACE

2017- 2018 **In Progress**
Professional Certification in “Behavioral Change”
American Council on Exercise ~ ACE

